A Fresh Slate



hange up your shop- ↓ ping routine by stopping by LangTree at the Lake's newest addition, Slate Boutique. This upscale shop has beautiful pieces that are both chic and affordable, as well as handcrafted jewelry and accessories. Relax in the lounge area with a drink as you contemplate your outfit possibilities. With a contemporary look and clothes that are trendy with a touch of bohemian flair, shopping here is relaxing and easy. www.facebook.com/ShopSlateBoutique











The Daily Grind

Charlotte's Block & Grinder recently opened a second location at LangTree at the Lake. The restaurant prides itself in going back to the basics by creating an entirely in-house menu from locally sourced products. It specializes in providing premium beef and natural, organic meats to its customers in the form of mouthwatering steaks and burgers. With a farm-to-fork philosophy, fresh seasonal menu items, and plenty of wine to choose from, Block & Grinder provides a fun night out. www.blockandgrinder.com





Food Truck Frenzy

Head to downtown Mooresville for music, craft beer, and gourmet cuisine at the Festival of Food Trucks. It goes down every third Saturday of the month through October, 5-8:30 p.m. Bring a chair and chill in the streets while munching on a treat, and then check out all the fun shops downtown have to offer. Catch the festival this month on July 16. www.downtownmooresville.com

Lakefront



CHEERS TO BEER

Beer, barbecue, and bands—sound like your kind of night? Get together with all your friends and have some fun at Lake Norman Beerfest, featuring Southern Sauce Barbecue. This event includes unlimited sampling of local and national brews, music by local bands Simplified and Blue Monday, and plenty of barbecue. 5-9 p.m. Sept. 24. General admission \$35, VIP admission \$60. Ages 21 and over. www.lknbeerfest.com —Piper Anderson



Shake It Off

Take your place at the starting line for a good cause this month. The Dancing Davis Shaking Off Cancer Foundation hosts its first 5K at 9 a.m. Sept. 24 at ESC Park in Troutman. The foundation was developed to honor Davis, who battled and won his fight with hepatoblastoma liver cancer.

"We had an amazing amount of support from our community, family, church, friends, and people we have never met that we decided we wanted to give back what we, as a family, received during Davis' battle," says Mika Overcash, Davis' mom. "Our goals are to raise awareness



that childhood cancer is real and not rare. We also want to be able to help other families that may be suffering financially. Last, but not least, we hope that we can also give support and hope to other families fighting this horrific battle."

Since its founding in 2015, the foundation has hosted a toy drive, a dance-athon, and a family BBQ event that raised over \$10,000. Show your support and sign up to race at www.racesonline.com.



